



Dragon Boat Canada

Coaching Competitive Dragon Boat Certification Course

Edmonton, Alberta: March 20-21, 2010

Course Information:

This two day course is intended for anyone coaching competitive crews training twice a week or more on and off the water, crews competing at provincial events, the National Championships and perhaps with a view to the Club Crew World Championships.

After this course, coaches will have the tools to develop all aspects of year-round training programs including, advanced technical instruction, principles of training, mental preparation, testing and selection, and much, much more.

This course is based on the NCCP model.

Prerequisites:

- Coaching Community Dragon Boat Certified (includes completion of NCCP Intro Comp A, a small craft operators license, the DBC course and a successful evaluation of the assignment)
- NCCP Intro to Comp B

Location: Edmonton General Continuing Care Centre, 11111 Jasper Avenue, classroom 2R06

Time: 8:30 am-4:30 pm, Sat March 20 and Sun March 21

Cost: \$299.00 + tax

Registration deadline: Wednesday, March 10

Course Facilitator: Kamini Jain

Kamini is a two-time kayak Olympian and the head coach of False Creek Racing Canoe Club's High Performance Dragon Boat Program. She coached this crew to five World Club Crew gold medals in 2005 and has since coached Canadian Premier Mixed crews to two IDBF World Championship gold medals. She also assists several community teams including being the coaching adviser to BC's Abreast in a Boat organization. Kamini is excited to have played a role in developing this course and looks forward to expanding the knowledge of dragon boat coaches in Western Canada with its diverse and plentiful content.

